



## Week One

### Summer Menu

#### Monday

Lunch- Veggie loaded tomato pasta bake  
Desert- Natural yogurt served with a fruit puree  
High tea- Beans on wholewheat toast  
Babies tea- Jacket potato, cheese & beans

#### Tuesday

Lunch- Spaghetti bolognese served with garlic bread  
Desert- Berries and ice cream  
High tea- choice of sandwiches & side salad  
Babies tea- Sausage, mash potato and bean bake

#### Wednesday

Lunch- Butter chicken, potato curry, served with garlic naan  
Desert- Orange Jelly  
High tea- Pizza topped English muffins  
Babies tea- Sweet and sour chicken and vegetables served with noodles



NETSTAR  
CHILDCARE



#### Thursday

Lunch- Spanish style chicken and peppers served with basmati rice  
Desert- Strawberry mousse  
High tea- Crumpets topped with cream cheese and tomatoes  
Babies tea- Chicken, potatoes, mixed vegetables & gravy

#### Friday

Lunch- Fish cakes, baby potatoes, mixed green vegetables  
Desert- Victoria sponge cake & cream  
High tea- Choice of wraps & side salad  
Babies tea- Chickpea, sweet potato & spinach curry served with basmati rice

#### Snacks

We provide a variety of healthy snack options available in the morning & afternoon

- Rice cakes, cheese spread & cucumber
- Bread sticks & hummus
- Crackers & sliced banana
- Vegetable platter & dip
- Fresh Fruit Medley
- Wholewheat toast





Week Two

Summer Menu

## Monday

Lunch- Jacket potato, cheese & beans

Desert- Natural yogurt topped with granola

High tea- Toasted teacakes topped with cream cheese & tomatoes

Babies tea- Veggie loaded tomato pasta bake

## Tuesday

Lunch- Sausage, mash potato and bean bake

Desert- Fruit salad & ice cream

High tea- A choice of wraps with side salad

Babies tea- Spaghetti bolognese

## Wednesday

Lunch- Sweet and sour chicken and vegetables served with noodles

Desert- Fruit jelly

High tea- Scrambled eggs & toast fingers

Babies tea- Butter chicken, & potato curry



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## Thursday

Lunch- Roast chicken, mash potatoes, mixed vegetables & gravy

Desert- Homemade muffins

High tea- A choice of sandwiches & side salad

Babies tea- Spanish style chicken and peppers served with basmati rice

## Friday

Lunch- Chickpea, sweet potato & spinach curry served with basmati rice

Desert- Melon melody & cream

High tea- Toasted fruit loaf & banana slices

Babies tea- Fish cakes, baby potatoes, mixed green vegetables

## Snacks

We provide a variety of healthy snack options available in the morning & afternoon

- Rice cakes, cheese spread & cucumber
- Bread sticks & hummus
- Crackers & sliced banana
- Vegetable platter & dip
- Fresh Fruit Medley
- Wholewheat toast